

# how to deal with bullying in your school

## teacher in-service

This session for teachers offers an insight into the bullying dynamic and some easy to implement procedures to handle the problem professionally and effectively.

Bullying can no longer be thought of as just a problem for the “victim” and the “bully”. Bullying grows out of a whole school culture and in turn feeds back into it. Teachers can be an integral part of this dynamic and have a critical part to play in creating and maintaining a safe school environment.

Sadly research suggests that the vast majority of kids consider it unsafe to discuss this issue with teachers. We will address some of the causes for this and some important steps in changing that dynamic.

Also, the importance of the role bystanders play in the bullying dynamic is now being widely recognised. We will discuss the best ways to help your students take a more proactive stance around this issue and the equally important role teachers play in that process.

### teachers will learn:

- **The social dynamics of bullying and how best to approach an incident.**
- **To Identify different types of bullying behaviours**
- **The importance of being a safe person for a child to tell.**
- **Strategies for prevention and intervention**
- **Strategies to support and create active bystanders**

#### ABOUT THE PRESENTERS:

The Bully Busters<sup>\*</sup> Programs were originally created in 1997 and have been widely successful since then. The programs, which are continually updated, are now presented into schools at a national level by the team at Insideout Educational Programs headed by Michael Shaw (Bach Ed, Dip.counselling, Dip.Art therapy) The program has achieved great results by helping children better understand bullying behaviour and by providing them with the opportunity to safely explore strategies for dealing with it.



**Bully Busters** A whole school  
approach for primary schools

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