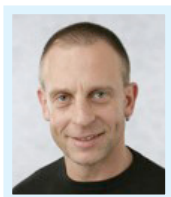


positive peer relationships

A 4-WEEK SERIES

From the Director **Michael Shaw** BEd, Dip Transpersonal Counselling,
Dip Transpersonal Art Therapy, Cert IV Assessment & Workplace Training.



Interpersonal communication skills are one of the most important, yet often overlooked aspects of a child's development. Learning to express ourselves well and to better handle our own emotional responses to challenging issues is crucial to coping well in groups, as it is in life.

The 4-session delivery allows us the time to explore some of the complexities involved in these areas on a more individual level. We address topics such as dealing with difficult emotions, friendship challenges, listening and communicating effectively and building group connection and safety.

The key results we aim for in these sessions are for students to feel safer and more confident in themselves and with one another. Improving their emotional communication skills will also help them to get clearer about what is important for them in their relationships and communities.

These workshops can be taken alongside our anti bullying workshops as a part of a wider prevention strategy, or they can also be booked separately, running once a week for 4 weeks.

Cost: \$220 per session

Time: 75- 90 minutes

Format: We teach this program to one class of year 5/6 students at a time, with a single presenter.

INSIDE
INO Ed.

E. michael@insideouted.com.au
PO Box 231 Fairfield Vic 3078
insideouted.com.au